

January
2022

Online Learning Catalogue

Visit the **Learning Platform** at www.ifrc.org/learning-platform



Training Pack 1: Red Cross and Red Crescent



1. The Essentials

		EN	FR	ES	AR	
The World of Red Cross and Red Crescent (WORC) – NEW EDITION	240	✓	-	-	-	
Code of Conduct – NEW EDITION COMING SOON	30	-	-	-	-	
Saying No to Sexual Misconduct – COMING SOON	-	-	-	-	-	
Project/ Programme Planning (PPP)	240	✓	✓	✓		
Introduction to Monitoring and Evaluation	120	✓	✓	✓		
101: Corruption Prevention	150	✓	✓	✓	✓	ID, RU, SW, TR
102: Corruption Prevention for Managers – an Introduction	135	✓	✓	✓	✓	RU, SW, TR
Monitoring and Evaluation Planning e-Training (curriculum)	385	✓				
Manage IFRC Information 101	60	✓				
IFRC Targeted: an introduction to Cybersecurity	30	✓	✓	✓	✓	
From Policy to Practice: Micro-Learning Series (playlist) – NEW	-	✓				
Prevention and Response to Sexual Exploitation and Abuse: From Policy to Practice	60	✓				
Gender and Diversity Policy: From Policy to Practice:	5	✓				
IFRC Secretariat Environmental Policy: From Policy to Practice – NEW	10	✓				
Whistleblower Protection Policy: From Policy to Practice – NEW	4	✓				
Child Safeguarding Policy: From Policy to Practice – NEW	15	✓				
Prevention and Response to Workplace Harassment and Discrimination: From Policy to Practice – NEW	10	✓				

2. Climate

Climate Change – An Introduction for Staff and Volunteers	30	✓	✓	✓	✓	RU
Climate Change in Small Island Developing States	120	✓				
Nature-based Solutions for Disaster and Climate Resilience (external course)	2520	✓				
Red Alert: What is climate change and what can we do about it? – COMING SOON	-	-				

3. Volunteering



		EN	FR	ES	AR	
Volunteering Red Cross and Red Crescent Induction Course	60	✓	✓	✓	✓	PT
Volunteering - Basic Course	60	✓	✓	✓	✓	PT RU
Stay Safe - Volunteer Security	140	✓	✓	✓	✓	
Volunteering – Branch Leadership Development	90	✓	✓	✓	✓	

4. National Society Development

Introduction to National Society Development	60	✓	✓	✓		
Introduction to Governance for Red Cross and Red Crescent Leadership	100	✓		✓		
Introduction to Governance and Management	40	✓				
Red Cross Red Crescent Movement Partnerships	90	✓				
Income Generating Activities	60	✓				
Leadership Identity Development Online Curriculum (LIDOC)	1200	✓				
What is National Society Development? (<i>playlist</i>)	-	✓				
National Statutes Revision - COMING SOON	-	-	-	-	-	
Getting Ready for Red Cross and Red Crescent Advocacy	30	✓	✓	✓	✓	RU
Strengthening the Auxiliary Role through Law and Policy	30	✓	✓	✓	✓	RU



5. Disaster and Crises




Principles and Rules for RCRC Humanitarian Assistance	60	✓				
103: Preventing Corruption in Humanitarian Aid	210	✓	✓	✓	✓	
Sphere Handbook in Action (revised version)	900	✓	✓	✓	✓	
Sphere for Managers - How to Champion the Sphere approach in your Organisation	60	✓	✓	✓	✓	
Contingency Planning	60	✓	✓	✓		
Emergency Needs Assessment	60	✓	✓	✓	✓	
The ABC of VCA (Vulnerability and Capacity Assessment) – (<i>video</i>)	5	✓				
Disaster Resilience Journal (<i>external, web-based</i>)	30	✓	✓	✓		IT DE NL HR BG RO DK FI
Introduction to Cash Transfer Programming	120	✓	✓	✓		
Urban Cash Transfer Programming and Livelihoods (by CaLP)	60	✓				
Market Assessments: Introduction	60	✓	✓	✓	✓	
Market Assessments: Rapid Assessment for Markets (RAM)	60	✓	✓	✓	✓	
Basics of Livelihoods	60	✓	✓	✓	✓	
The IFRC's educational guide on principles related to migration (<i>material</i>)	30	✓	✓	✓	✓	
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 1: in Emergencies	90	✓	✓	✓		
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 2: Working with Children	60	✓	✓	✓		
Building a Better Response (BBR) (<i>external, web-based</i>)		✓				
Law and Disaster Risk Reduction	30	✓		✓		

		EN	FR	ES	AR	
Cash Assistance through Financial Service Providers	90	✓				
WASH in Emergencies	30	✓				
Health in Emergencies	30	✓				
Cash in Emergencies	30	✓				
Logistics in Emergencies	30	✓				
Security in Emergencies	30	✓				
Community Engagement and Accountability in Disasters and Crisis	30	✓				
Protection, Gender and Inclusion in Disasters and Crisis	30	✓				
Information Management in Emergencies	30	✓				
Response Systems and Funding Mechanisms in emergencies	30	✓				
Staff Health in Disaster and Crisis	30	✓				
Restoring Family Links in Emergencies	30	✓				
Legal in Emergencies	30	✓				
Human Resources in Emergencies	30	✓				
Communication in Emergency Operations	30	✓				
Emergency Needs Assessment	30	✓				
Response Systems and Funding Mechanisms in Emergencies	30	✓				
Surge Video Series: an introduction to Rapid Response in Disasters and Crisis (curriculum)	340	✓				
Secondary Data Review and Analysis	120	✓			✓	
Disaster Relief Emergency Fund (DREF)	240	✓		✓		
Rapid Training for Community Response in times of COVID-19 (playlist) ✳	-	✓				
Community Engagement and Accountability in times of COVID-19 ✳	180	✓	-	✓	-	BN, ID, JA, KO, RU, TR
The Participation Challenge	30	✓	✓			
Flood Resilience Measurement for Communities (curriculum)	-	✓				
An Introduction to International Disaster Response Law	30	✓	✓	✓	✓	RU
Introduction to Disaster Preparedness and Response Law	30	✓	✓	✓	✓	RU
Preparedness for Effective Response (PER) - NEW	240	✓				
Understanding and Responding to Trafficking in Persons - NEW	240	✓	✓	✓	✓	
Welcome to the Better Programming Initiative and Conflict Sensitive Programme Management - COMING SOON	-					
Your Road Map to Community Resilience - COMING SOON	-					

6. Health

Community-Based Health and First Aid (CBHFA) e-Module 1: Introduction	20	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 2: Volunteer Action	80	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 3: Facilitation	60	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 4: Implementation	60	✓	✓	✓		
Introduction to eCBHFA	30	✓				
COVID-19 Guidance for eCBHFA volunteers ✳	30	✓				
Public Health – Module 1: Introduction	30	✓		✓		

		EN	FR	ES	AR	
Public Health – Module 2: Epidemiology	30	✓		✓		
Public Health – Module 3: Prioritizing Health Responses	30	✓		✓		
Public Health – Module 4: Household Water Treatment and Safe Storage	30	✓		✓		
Public Health – Module 5: Rapid Health Assessment	30	✓		✓		
Public Health: Mental Health and Psychosocial Support	60	✓				
Public Health: Nuclear Emergency Preparedness	60	✓	✓			
Ebola Awareness	10	✓	✓		✓	ZH DE JP PT Hausa
Healthy Lifestyle Community (<i>external, web-based</i>)	-	✓				
Health Care in Danger (<i>external</i>)	60	✓				
Health Care in Danger: The Legal Framework (<i>external</i>)	25	✓	✓			
LIFESAVER: Interactive CPR (<i>external, web-based</i>)	120	✓				
Menstrual Hygiene Advocacy (<i>video</i>)	3	✓				
Menstrual Hygiene Management (<i>video</i>)	5	✓				
Menstrual Hygiene Management (<i>playlist</i>)	-	✓				
Menstrual Hygiene Management (<i>community of practice</i>)	-	✓	✓	✓		
8 Steps for Hygiene Promotion in Emergencies	30	✓	✓	✓		RU
Blood Donation Training Programme	220	✓				
Non-communicable Diseases in Humanitarian Settings	240	✓				
Safe and Dignified Burials (<i>community of practice</i>)	-	✓				
First Aid for Babies and Children 禁	240	✓	✓	✓		
First Aid for Adults 禁	240	✓	✓	✓		
First Aid for Older People 禁	240	✓	✓	✓		
On Coronavirus Disease (COVID-19) (<i>playlist</i>) 禁	-	✓				
Coronavirus: Basic knowledge and prevention measures 禁	30	✓	✓	✓		RU PT
Coronavirus Basic knowledge and prevention measures for responders 禁	60	✓	✓	✓		RU PT
Care at Home for Patients with COVID-19 禁	60	✓				DE, SL
WASH Network (<i>community of practice</i>) 禁	-	✓	✓	✓	✓	DE
WASH in times of COVID-19 (<i>playlist</i>) 禁	-	✓				
Mental health and psychosocial support in times of COVID-19 (<i>playlist</i>) 禁	-	✓				
About Substance Abuse	90	✓		✓		
Community Health Interventions in the COVID-19 Response 禁	240				✓	
Healthy Ageing Resources for Empowering Communities (<i>playlist</i>)	-	✓				
Healthy Lifestyle for Non-Communicable Disease (NCD) Prevention and Control	-	✓		✓		
Healthy Ageing	-	✓				
Induction to the Global Task Force on Cholera Control (GTFCC) and Country Support Platform (CSP) - NEW	60	✓				
Practical Guidance for Red Cross and Red Crescent on Health and Care for Migrants - NEW 禁	240	✓				
Blood Donor Recruitment Training - NEW	50	✓				

		EN	FR	ES	AR	
COVID-19 and the Blood Service: Meet demand and maintain safety – NEW 	15	✓				
Voluntary Non-remunerated Blood Donation: Changing donor behaviour - NEW	10	✓				

7. Migration

Introduction to Red Cross and Red Crescent's Approach to Migration	120	✓	✓	✓	✓	
Caring for Children Moving Alone: Protecting Unaccompanied and Separated Children (external course)	1440	✓	✓	✓	✓	
Things You Should Know About Health and Migration - NEW 	180	✓				

8. Protection, Gender and Inclusion

Introduction to Protection, Gender and Inclusion at the IFRC - NEW	90	✓	-	-	-	
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9. Security

Stay Safe 2.0 Global Edition – Level 1: Fundamentals – NEW EDITION	105	✓	-	-	-	
Stay Safe 2.0 Global Edition – Level 2: Personal and Volunteer Security in Emergencies – NEW EDITION	140	✓	-	-	-	
Stay Safe 2.0 Global Edition – Level 3: Security for Managers – NEW EDITION	60	✓	-	-	-	
Security Training (playlist)	-	✓				

10. Shelter

More Than Just a Roof – Introduction to shelter and settlement – NEW EDITION	150	✓	-	✓	-	
Shelter in Emergencies	30	✓				
Introduction to Rental Assistance Programming - NEW	60	✓	-	-	-	

10. Education

Humanitarian Education Learning Portal (community of practice)		-	✓			
Children and School Protection in times of COVID-19 (playlist) - COMING SOON		-	✓			
The Art of Educating Youth as Humanitarian Agents of Change - COMING SOON		-	-	-	-	

Training Pack 2: Personal Development



EN

FR

ES

AR



1. Knowing Myself

Inside your head	30	✓	✓	✓		ZH IT
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2. Communication skills

Body language and assertiveness	30	✓	✓	✓		ZH HU IT *
Communicating on the phone	30	✓		✓		ZH IT *
Communicating in writing	30	✓		✓		ZH HU IT *
Negotiating	30	✓	✓	✓		ZH HU IT *
Presentation skills	30	✓	✓	✓		ZH HU IT *
Meetings	30	✓	✓	✓		ZH HU IT *
Body language: what the window cleaner saw	20	✓				
Assert yourself	30	✓		✓		ZH IT
Inside information	30	✓		✓		ZH IT
Going to a meeting: Messing up a meeting	30	✓		✓		ZH IT
Going to a meeting: Meeting menaces	30	✓		✓		ZH IT
Meetings, bloody meetings	30	✓		✓		ZH IT
Presentation is everything	30	✓		✓		ZH IT

3. Situation Awareness & Diversity

Emotions versus evidence	30	✓		✓		ZH IT
Understanding behaviour	30	✓	✓	✓		ZH HU IT *
Criticism and failure	30	✓	✓	✓		ZH IT
Praise and criticism	30	✓	✓	✓		ZH DE HU IT *
Emotional intelligence	30	✓	✓	✓		ZH DE HU IT *
Workplace Essentials (<i>curriculum</i>)	200	✓		✓		ZH IT
Inclusive leadership	30	✓		✓		
Workplace diversity	30	✓		✓		
Unconscious bias	30	✓		✓		
Thinking of others	30	✓		✓		
Respect and Inclusion at Work	30	✓		✓		
Unconscious Bias and Diversity (<i>curriculum</i>)	150	✓		✓		
Homeworking Essentials (<i>curriculum</i>)	510	✓		✓		
Remote Working Best Practices (<i>playlist</i>)	-	✓				
Workplace Generations	30	✓	✓	✓		ZH IT
Remote Working Essentials (<i>curriculum</i>)- COMING SOON	-					
Cross Cultural Communication Essentials (<i>curriculum</i>)- COMING SOON	-					



EN

FR

ES

AR



4. Health and Wellbeing

Happiness habits	30	✓	✓	✓		ZH IT
Personal wellbeing for managers	30	✓		✓		ZH IT
Practical wellbeing	30	✓	✓	✓		ZH IT
Dealing with stress	30	✓	✓	✓		ZH HU IT*
Wellbeing Essentials (<i>curriculum</i>)	160	✓	✓	✓		ZH IT
Display screen equipment	30	✓		✓		
Manual handling	30	✓		✓		

5. Time and Information Management

Getting stuff done	30	✓	✓	✓		ZH IT
Managing yourself	30	✓	✓	✓		ZH HU IT*
General Data Protection Regulation (GDPR)	30	✓		✓		
Cybersecurity	30	✓		✓		
30 ways to make more time	30	✓		✓		ZH IT
Making time	30	✓		✓		

6. Team Management

Team wellbeing for managers	30	✓	✓	✓		ZH IT
Counselling	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Developing your team	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Difficult conversations	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Managing discipline	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Motivating your team	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Performance reviews	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Everyday learning	30	✓	✓	✓		ZH HU DE IT NL *
Management Essentials (<i>curriculum</i>)	160	✓	✓	✓		ZH IT HU
Performance review: Code red	60	✓				
Performance review - Every manager's nightmare	60	✓		✓		
Managing performance every day	60	✓		✓		
Performance review - Every appraisee's dream	60	✓		✓		
Development discussions	15	✓				
Feedback	15	✓				
Performance conversations	15	✓				

		EN	FR	ES	AR	
Talking through conflicts	15	✓				

7. Leadership & Decision Making

Crisis management	20	✓	✓	✓		ZH HU DE IT NL *
Change	30	✓	✓	✓		ZH HU DE IT NL *
Creativity and innovation	30	✓	✓	✓		ZH HU DE IT NL *
Ethics	30	✓	✓	✓		ZH HU DE IT NL *
Leadership sins	30	✓	✓	✓		ZH HU DE IT NL *
Practical leadership	30	✓	✓	✓		ZH HU DE IT NL *
Team decision making	30	✓	✓	✓		ZH HU DE IT NL *
Team development	30	✓	✓	✓		ZH HU DE IT NL *
Being a leader	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Leadership Essentials (<i>curriculum</i>)	200	✓	✓	✓		ZH IT HU
Jamie's School Dinners: Living with Change	60	✓		✓		ZH IT
Jamie's School Dinners: Managing Change	60	✓		✓		ZH IT
First among equals	60	✓		✓		ZH IT
Jamie's kitchen: Fifteen lessons on leadership	60	✓		✓		ZH IT
Jamie's kitchen: Fifteen lessons on teamwork	60	✓		✓		ZH IT
Pass it on	60	✓		✓		ZH IT
Projects and Change	180	✓		✓		ZH IT






8. Influencing

Helping hands	30	✓		✓		ZH IT
Achieving goals and commitments	30	✓		✓		ZH IT
Being a "people person"	30	✓		✓		ZH IT
Making your case	30	✓		✓		ZH IT
Less is more	30	✓		✓		ZH IT
Negotiating - Tying the knot	30	✓		✓		ZH
Negotiating tactics	30	✓		✓		ZH
Using similarity	30	✓		✓		ZH
Influencing Essentials (<i>curriculum</i>)	240	✓		✓		ZH

Training Packs 3: Professional Development

1. Learning and Development

One-to-one training	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
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		EN	FR	ES	AR	
Keep Calm and Learn Online (<i>playlist</i>) 	-	✓				
Moving Your Learning or Training Online during COVID-19 (<i>playlist</i>) 	-	✓				
Learning and Development Response to COVID-19 (<i>community of practice</i>) 	-	✓	✓	✓		PT
Online Training Facilitation Skills (<i>playlist</i>)	-	✓				
Virtual Mentoring Essentials (<i>curriculum</i>)- COMING SOON	-					

2. Finance

Finance and budgets	30	✓	✓	✓		ZH HU *
The balance sheet barrier	30	✓				ZH

3. HR

Dealing with absenteeism	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Recruiting	30	✓	✓	✓		ZH HU RU DE JP IT PT NL SE *
Behavioural interviewing	60	✓		✓		ZH IT
Absence minded	60	✓		✓		ZH IT

4. PMER (planning, monitoring, evaluation, reporting)

Planning	30	✓				
Managing projects & processes	30	✓	✓	✓		ZH HU *
Accountability: "Blame and responsibility" - an opportunity to restore trust? (<i>Video</i>)	90	✓				

5. Certified Professional Development Courses (- from partner institutions – fees from 1000 to 3000 CHF)

Updated information on the certified professional courses:

<http://ifrc.org/en/get-involved/learning-education-training/certified-professional-development-courses/>

		✓				
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* For some of the available languages, these courses might be available in Video Series format only (subtitled).

Training Pack 4: Courses from Partner Institutions

International Committee of the Red Cross (ICRC)

Introduction to International Humanitarian Law (IHL)	270	✓				
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World Health Organization (WHO)

Immunization Staff Orientation. M1: Global Immunization Overview	30	✓				
Immunization Staff Orientation. M2: WHO Policy Recommendations	30	✓				
Immunization Staff Orientation. M3: Immunization Programme Planning	30	✓				
Immunization Staff Orientation. M4: Immunization Supply Chain	30	✓				
Immunization Staff Orientation. M5: Data Monitoring - Introduction	30	✓				
Immunization Staff Orientation. M6: New Vaccines - Introduction	30	✓				

UNICEF

Introduction to Child Protection	30	✓				
Introduction to Psychosocial Support	45	✓				
Introduction to Nutrition	30	✓				
Gender Equality, UN Coherence and You	120	✓				
Research and Evidence at UNICEF	30	✓				
Evaluation in Humanitarian Settings	90	✓				
Preparing a Written Application	30	✓				
Competency Based Interviewing for Interviewees	30	✓				

Food and Agriculture Organization of the United Nations (FAO)

Communicating for Food Security	480	✓	✓	✓		
Nutritional Status Assessment and Analysis	120	✓	✓	✓		
Climate Change and Food Security	210	✓	✓	✓		
Resilience in Food Security Analysis	150	✓		✓		
Vulnerability Assessment and Analysis	120	✓	✓	✓		
Agreeing on Causes of Malnutrition for Joint Action	90	✓	✓			
Nutrition, Food Security and Livelihoods: Basic Concepts	35	✓	✓	✓		
Developing a Monitoring and Evaluation (M&E) Plan for Food Security and Agriculture Programmes	210	✓				
Gender in Food and Nutrition Security	840	✓				

CaLP (Cash Learning Partnership)

Urban Cash Transfer Programming and Livelihoods	60	✓				
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SEEP Network

MERS - Understanding and applying the Minimum Economic Recovery Standards	120	✓				
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Inter-Agency Standing Committee (IASC)

Gender equality in programme planning - "Different needs, equal opportunities"


240



5: National Training Packs

Resources produced by National Societies, available on the Learning platform (www.ifrc.org/learning-platform) for volunteers and staff.

		Language
Australian Red Cross	20 courses and 3 curricula	English
Austrian Red Cross	1 course	German, English
Argentinian Red Cross	5 courses and 1 curriculum	Spanish
British Red Cross	51 courses, 2 curricula & communities of practice - NEW	English
Canadian Red Cross	1 course - NEW	English
Red Cross Society of China	1 course	Mandarin
Chilean Red Cross	1 curriculum	Spanish
Danish Red Cross	1 course	Danish
Ecuadorian Red Cross	1 course	Spanish
French Red Cross	1 course - NEW	French
German Red Cross	1 course, 1 virtual classroom, 1 playlist - NEW	German/English
Red Crescent Society of the Islamic Republic of Iran	3 materials	Persian
Magen David Adom in Israel (IMDA)	1 handbook, 1 virtual classroom - NEW	English
Italian Red Cross	2 courses	Italian
Lithuanian Red Cross	1 course	Lithuanian
Norwegian Red Cross	3 courses	Norwegian
Peruvian Red Cross	3 handbooks	Spanish
Portuguese Red Cross	2 courses	Portuguese
Qatar Red Crescent	1 curriculum	Arabic
Slovak Red Cross	1 curriculum & 1 course	English
Spanish Red Cross	2 courses	Spanish, English, French, Russian, Portuguese
Swedish Red Cross	17 courses	Swedish
Swiss Red Cross	1 course	English
Turkish Red Crescent	1 video	Turkish, English



Are you interested in collaborating with us
for the development of these resources?

Please contact the IFRC Learning and
Development team at the Human
Resources Management Department at

sofia.alexandre@ifrc.org or

support.learning@ifrc.org